

# BIBLICAL PRAYERS



## *When You Can't Sleep*

Psalm 127:1-2; 131 | Alf Halvorson preaching

### 8:30 AM Service

June 21, 2020

Alf Halvorson preaching

[Matthew 14:22-33](#)

#### Welcome & Call to Worship

Dave Steane

#### Songs of Praise

*Open The Eyes of My Heart*  
*How Deep The Father's Love For Us*

Paul Baloche  
Stuart Townsend

#### \*Prayer of Confession & Assurance

Brett Hurst

#### Song of Response

*Here I Am To Worship*

Tim Hughes

#### Moment of Prayer (The Lord's Prayer)

Dave Steane

#### Song of Preparation

*What A Beautiful Name*

Brooke Ligertwood

#### Message

*When You Can't Sleep*

Alf Halvorson

#### Song of Response

*Be Thou My Vision*

Carlton Young

#### Sharing Our Gifts/Benediction

Alf Halvorson

BIBLICAL PRAYERS



## Sunday Worship Playlist

[Click here to listen](#)

### Remember Our Mission Partners on the Front Lines of Ministry

Each week, we pray for three of **MDPC's** local and global mission partners. During these difficult days, our partners truly covet your prayers! Visit [partners.mdpc.org](http://partners.mdpc.org) to find this week's (three) prayer recipients.

# BIBLICAL PRAYERS



## *When You Can't Sleep*

Psalm 127:1-2; 131 | Alf Halvorson preaching

### 9:45 AM Service

June 21, 2020

Alf Halvorson preaching

[Matthew 14:22-33](#)

#### Welcome & Call to Worship

Worship Leader

#### Song of Praise

*Never Gonna Stop Singing*

Randy Jackson

#### Moment of Confession & Assurance

Hillary McMullen

#### Songs of Response

*Fierce*  
*What A Beautiful Name*

Chris Quilala  
Brooke Liertwood

#### Message

*When You Can't Sleep*

Alf Halvorson

#### Song of Response

*Be Thou My Vision*

Carlton Young

#### Moment of Prayer

Dave Steane

#### Sharing Our Gifts/Benediction

Alf Halvorson

BIBLICAL PRAYERS



## Sunday Worship Playlist

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# BIBLICAL PRAYERS



## When You Can't Sleep

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### 11:15 AM Service

June 21, 2020

Alf Halvorson preaching

[Psalm 127:1-2; 131](#)

<b>Prelude</b>	<i>Sospiri (Sighs)</i>	Edward Elgar (1857-1934)
<b>Welcome</b>		Dave Steane
<b>Call to Worship</b>		Dave Steane
<b>Choral Introit</b>	<i>Sing Ye Righteous</i>	Ludovico Viadana (1560-1627)
<b>*Hymn of Praise</b>	<i>Rejoice, Ye Pure in Heart</i>	MARION
<b>*Prayer of Confession / Assurance / Affirmation</b>		Amanda Grace Caldwell
<b>*Congregational Response</b>	<i>The Gloria Patri</i>	
<b>Anthem</b>	<i>Come to Me</i>	Dan Forrest (b. 1978)
<b>Pastoral Prayer</b>		Dave Steane
<b>Anthem of Preparation</b>	<i>A Mass for Peace (Benedictus from The Armed Man)</i>	Karl Jenkins (b. 1944)
<b>Message</b>	<i>When You Can't Sleep</i>	Alf Halvorson
<b>*Hymn of Response</b>	<i>Be Thou My Vision</i>	SLANE
<b>Sharing Our Gifts</b>		Alf Halvorson
<b>Postlude</b>	<i>Sound the Trumpets</i>	G. F. Handel (1685-1759)

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# MINISTRY HIGHLIGHTS

June 21, 2020

Look through these upcoming events - most online, but some in-person, You'll find opportunities to serve, study, grow, and share. To see all that is being offered, visit [events.mdpc.org](https://events.mdpc.org).



The **MDPC** Café is back, serving up delicious prepared meals and daily specials for lunch and Monday and Wednesday dinners. The Café is now offering convenient curbside (and limited delivery) service. Check out the menu and order by visiting [cafe.mdpc.org](https://cafe.mdpc.org).



Even in this time of social distancing, we can still develop new friendships and find deeper meaning in our personal interactions. Brett Hurst is helping to facilitate mentoring relationships in a revised program called Patio Chats. To learn all the details, visit [chats.mdpc.org](https://chats.mdpc.org).



## Psalm-Writing for Healing

A way for our hearts to express *anger* and *grief*, but in the face of *faith* and *hope*.

A productive response to the injustice in this world.

In this three-part workshop—intended for our turbulent times—you'll read classical and contemporary texts and explore what makes a psalm. As we explore the emotional tenor of the psalms, we'll practice expressing our own hopes and laments. Email Amanda Grace ([acaldwell@mdpc.org](mailto:acaldwell@mdpc.org)) to register.



## Baby Formula Drive

Benefitting LIFE Houston

June 15-July 15, 2020

**LIFE Houston** serves as a lifeline for families with infants by providing free infant formula and diapers. Click on the link for a list of accepted items. Items may be dropped off at the Front Office weekdays or on Sunday mornings.



## Preschool Sunday School Lesson

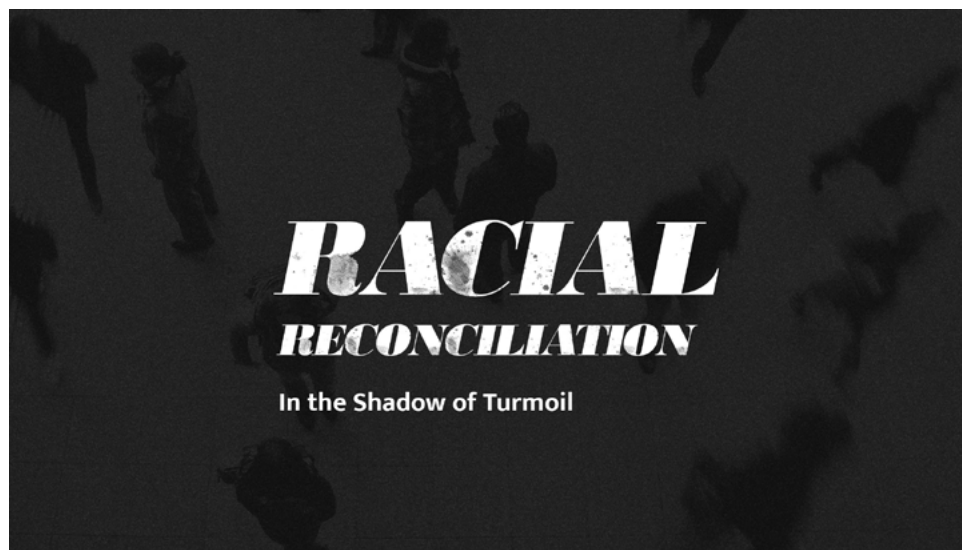
Looking for good, healthy, and FUN content for your children? View the weekly Sunday School lessons by Preschool Director Mayra Escamilla and Elementary Director Lyndsey Dottavio. Visit [online.mdpc.org](https://online.mdpc.org) to view weekly lessons.



**MDPC** is now hosting limited-capacity in-person worship. Visit [open.mdpc.org](https://open.mdpc.org) to learn more about plans to keep those on our campus safe and healthy. If you prefer to continue worshipping safely at home, we affirm your decision!



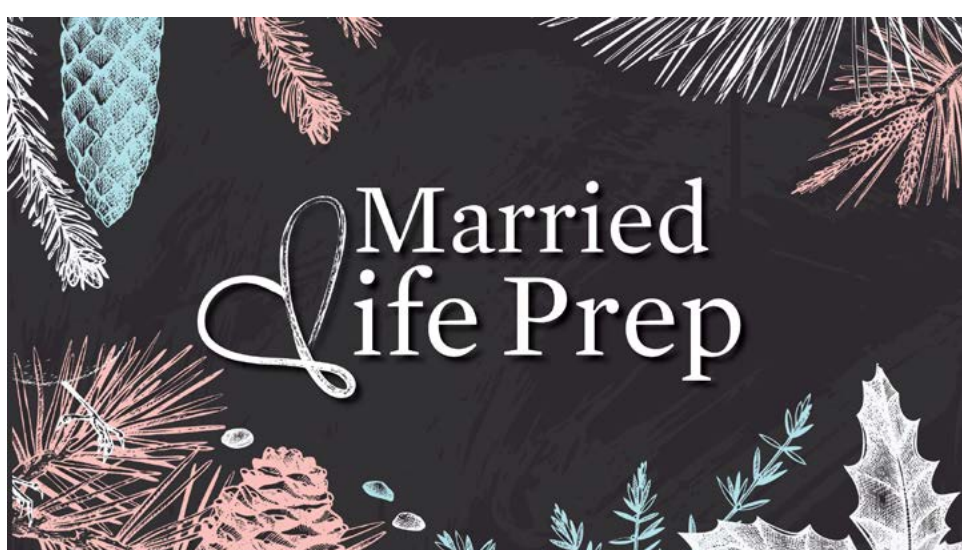
The **MDPC** app delivers an experience that's simple, useful, and informative. Many of the features are customized to fit your needs, all with the intent of making it easy to engage in the life of **MDPC**. And, you can check-in to the services (even from home) via the app. Visit [app.mdpc.org](https://app.mdpc.org) to learn more.



The **MDPC** Pastors have developed a book and movie list that they have found helpful and informative in the journey of examining issues of race and reconciliation. Check it out at [recs.mdpc.org](https://recs.mdpc.org).



Need a jumpstart on the morning? Join us for a brief devotional Zoom time led by the Men's Life at **MDPC** team. When you register at the link below, you'll receive the Zoom invitation. Visit [mlmoments.mdpc.org](https://mlmoments.mdpc.org) to register.



Are you engaged or newly married? Join Brett and Kellie Hurst in July (via Zoom) for Married Life Prep. Their goal is to help engaged and young married couples experience a rich fullness in marriage. Learn more & register at [mlp.mdpc.org](https://mlp.mdpc.org).



MOPS Bible Study is now virtual and meets Wednesday evenings. Moms of all ages and stages are invited to grow in faith, friendship, and understanding of the Bible. To join the call or for more info, email [Christyn Knoop](mailto:Christyn.Knoop).



# BIBLICAL PRAYERS



## *When You Can't Sleep*

Psalm 127:1-2; 131 | Alf Halvorson preaching

This is the fourth in our Summer Sermon Series on Biblical Prayers that can help us pray and connect with God and God's will for our lives and world. It is Father's Day Weekend, too. And we are three months into the COVID-19 reality (with an oil and gas bust and protests in the wake of George Floyd's murder). And one of the odd results is that many have reported in this coronavirus universe we are living in right now is altered sleep patterns and odd dreams. Thus, the subject of our texts and topic today.

1. How have you been sleeping the last three months? Has your pattern been normal or altered? If altered, in what way? Why do you think? Have you had strange dreams? Can you remember any of the content of any of those dreams? What do you think they might mean?
2. Read [Psalm 127:1-2](#). What do you think Solomon meant by verse one? What are the three things that are done "in vain" unless God is in control?
3. In verse 2 of Psalm 127, what does God give to God's people? And what specifically are God's people called? What does 'beloved by God' look like for you and mean to you?
4. Read [Psalm 131](#) by King David. Martin Luther said, "This is one of the shortest Psalms, but it takes a lifetime to learn its lessons." What does David say he avoids in verse one? What do you think he means with these words? Instead, what had he committed to do in verse two? I talked about what I thought that meant in my sermon, but how would you paraphrase or explain it?
5. What does the word 'hope' from verse three of Psalm 131 mean to you? C. H. Spurgeon wrote, "Hope itself is like a star---not to be seen in the sunshine of prosperity, and only to be discovered in the night of adversity." Poet Emily Dickinson said, "Hope is the thing with feathers that perches in the soul—and sings the tunes without words—and never stops at all." Where is your hope? In what do you hope? How does that possibly help when you cannot sleep?
6. I talked about the possibility of God keeping you awake or waking you up so that you might pray for someone else? Has that ever happened to you? Did you tell the other person? Why or why not?
7. I ended with this recommendation: If your sleeplessness is work related, release it to God; if it is from worry, wean yourself off instant gratification—seek the Giver not just the gift; and if it not from work or worry, stay awake and pray for whomever God lays on your heart. Call or talk to them later saying something like, 'you were on my heart and so I prayed for you in the middle of the night recently.' Then wait to see what they say in response. You might be surprised that your prayer was at the exact time of their great need.

