

The #MeToo Movement and the Church

Fuller Texas presents Dr. Mimi Haddad discussing how the #MeToo movement demonstrates global power imbalances between men and women in culture, and in the church. It will consider how we can prevent harassment and abuse, and learn from Christians throughout history who advanced the Gospel, justice, and the dignity of women and men created in God's image.

Tuesday, May 7 | 7:00-8:30 PM | Amphitheater
Details and RSVP: metoo.mdpc.org

Nonagenarians & Centenarians!

We are inviting our 90+ MDPC'ers to a luncheon - the Spring Tea Party!

This Tuesday, May 7 | 11:30 AM | Parlor

RSVP to Annette: aerickson@mdpc.org, 713-490-9544

Savvy Caregiver Course

Are you caring for someone with memory issues? Are you concerned about what lies ahead and how to manage? Come learn more about dementia/Alzheimer's and how to have a better quality of life with your loved one. Taught by our friends from Amazing Place.

Weds, May 22-June 26 | 9:30-11:30 AM | MDPC

Contact Sharon Cantrell for details and to register:
scantrell@amazingplacehouston.org, 713-440-8177

Summer MOPS for Moms

Gather with other Mothers of Preschoolers (MOPS) for coffee, connection, and learning more about the Christian faith. We'll ask lots of questions as we get to know the basics of the Bible together, plus plenty of conversation about how faith can help us in our busy lives today!

Alternating Thursdays, May 23-August 15

9:30-11:00 AM | Room 116 | Free childcare!

Register: summermops.mdpc.org

MDPC Ministry Partner Martha's Way

Martha's Way helps low-income women increase their earning potential by training them to operate their own residential housekeeping businesses. Its innovative curriculum provides basic business skills and residential housecleaning skills to professional standards.

Martha's Way graduates are ready to work! To hire a graduate, contact Ana Tappan: 713-961-3993 x210

The White Rose is in memory of MDPC member

Ron Larson, who passed way April 22, 2019.

This week's Ministry Partner prayer focus:

The Forge for Families is a Christ-centered ministry that works to rebuild and strengthen distressed families in Houston's Third Ward. Its programs include Bible study, discipleship, mentoring, and tutoring.
forgeforfamilies.org

Freedom Place is a safe house for girls age 10 to 18 who are rescued from the sex trafficking trade. These young victims receive up to 18 months of treatment to address their educational, developmental, psychological, and spiritual needs. When they are ready to move out of the treatment program to independent living, onsite housing is provided.

freedomplaceus.org

Evangelical Theological Seminary (ETSC) in Cairo graduated almost all the leaders of the Evangelical Church in Egypt. The most exciting aspect of the seminary is how it equips students to witness to the Gospel of Jesus in and beyond Egypt amid political and cultural transitions, especially in neighboring Sudan, Iraq, and throughout the Middle East. Pray for the Body of Christ in Egypt, and for ETSC's Dr. Atef Gendy, his team and the students as they share the love of Jesus.

etsc.org

Millennials Do Church!

Meet other 20s & 30s who worship at MDPC by coming upstairs for a taco, cup of coffee, and small groups. We're single and married, we are students and professionals. We don't bite, but we can't promise we are never awkward. We'd love to meet you!

10:45-11:00 AM: Tacos & Coffee

11:00 AM-12:00 PM: Bible study/discussion time

Upstairs above Sanctuary Courtyard, Room 219

Questions? Text Christyn Knoop: 281-734-0914

Sugar, Sugar! Marriage Retreat 2019

Come spend the weekend with your sweetie! Longtime marriage educators Brett and Kellie Hurst of Home Encouragement lead a fun and intentional getaway weekend focused on your married life. This special experience includes a comfortable atmosphere, excellent food, a one-on-one date night, and expert teaching.

Sept. 28-29 | Sugar Land Marriott | \$220/couple

Register: marriageretreat.mdpc.org

Help Fight Childhood Hunger

Recent studies reveal 1 in 4 children in Houston go without meals and live daily with hunger because their families cannot afford to buy food. A simple way you can help is preparing meals at Houston Food Bank. We need you to keep the fight against childhood hunger moving forward! Join our MDPC team in May:

Next date: Monday, May 13 | 8:00 AM-Noon

Registration and details: bpbuddy.mdpc.org

Volunteer Opportunity

MDPC's Clothes Closet needs two volunteers!

Wednesday Mornings at MDPC

Call Karen Cole for details: 713-532-0966

Global Missions: Vision Trip to Peru

Free Wheelchair Mission provides wheelchairs to the impoverished disabled around the world, sharing the Gospel with each recipient. You will have the opportunity to serve on a wheelchair distribution team and witness lives transformed through the gift of mobility.

Trip dates: September 8-14, 2019 (Approx.)

Registration deadline is May 15.

Contact Kelsi McCormack: kmccormack@mdpc.org



Sunday, May 5, 2019

THE Antidote FOR Anxiety



Surrounded • Psalm 23:2-3

Alf Halvorson preaching

* Please stand if able.

CCLI # 182374

8:30 AM BLENDED & 9:45 AM CONTEMPORARY***PRAISE & WORSHIP**

SENIOR TESTIMONY (9:45) Alyssa Caver

*CONFESSION (prayers.mdpc.org)

MESSAGE

GIFTS OF GRATITUDE+

+ In the 8:30 Service, *Gifts of Gratitude* precedes the message. Musicians in these services: Meliza Gómez and Michael Middleton, worship leaders; Daniel Amaya, bass; George Heathco, guitar; Daniel Martinez, keys; Asher Pudlo, drums

11:15 AM TRADITIONAL

PRELUDE	<i>How Lovely Are the Messengers</i> from <i>St. Paul Oratorio</i>	Felix Mendelssohn (1809-1847)
CHORAL INTROIT	<i>Sleepers Awake A Voice Is Calling</i> from <i>St. Paul</i>	Felix Mendelssohn
*HYMN OF PRAISE	<i>Jesus Shall Reign Where'er the Sun</i>	#423; vs. 1, 3, 5 DUKE STREET
*CONGREGATIONAL RESPONSE	<i>The Gloria Patri</i>	Hymn #579
ANTHEM	<i>O Great Is the Depth of the Riches of Wisdom</i> from <i>St. Paul</i>	Felix Mendelssohn
OFFERTORY	<i>And Though He Be Offered and Not Only Unto Him</i> from <i>St. Paul</i>	
MESSAGE	The Antidote for Anxiety: Surrounded	Alf Halvorson
*HYMN OF RESPONSE	<i>Take My Life</i>	#391; vs. 1, 2, 6 HENDON
POSTLUDE	<i>Fanfare</i>	John Cook (1918-1984)

Musicians in this service: Miriam Belyatsky and Rasa Kalesnykaite, violin; Cassandra Black, soloist; Charles Hausmann, conductor; Kathryn White, organ; Sanctuary Choir

TONIGHT!
FREE ADMISSION • OVER 100 CHORAL VOICES!

MDPC Concert Series
2018-2019

MENDELSSOHN St. Paul Oratorio

Sunday, May 5 • 6:30 PM • Sanctuary • concerts.mdpc.org

MDPC's Sanctuary Choir partners with the Archdiocesan Choir of Galveston-Houston to perform the *St. Paul Oratorio* by Felix Mendelssohn. Come admire this work's classical elegance, its romantic lyricism, and its superb orchestration in a wonderfully dramatic account of the life of the great apostle, Paul.

CELEBRATE

CINCO DE MAYO

With All-Church Lunch!

TODAY IN FELLOWSHIP HALL

Lunch served 11:00 AM-1:00 PM

ENTRÉE (\$10): Chicken Taquitos or Beef Enchiladas with Mexican Rice, Grilled Peppers & Onions, Charro Beans

ENTRÉE SALAD (\$10): Waldorf Astoria Salad

CHILDREN'S MENU (\$4):

Child's Portion of Entrée

EVERYONE IS WELCOME!



Why MDPC Dads?

Hey MDPC Dads, join us for a morning of connection and discussion as we talk about all the fun, messiness, and spiritual details of #dadlife. Breakfast and coffee provided.



Today at 8:30 AM
Room 122 (between Chapel & Front Office)



We Cry Out

PRAYER
VIGIL

Without prayer, we feel any goal MDPC sets is a fruitless endeavor. It is up to us, God's people, to pray for the Holy Spirit to move! We need your help in raising a specific petition to God. Learn more at WECRYOUT.MDPC.ORG.

SATURDAY, JUNE 8
6:00 AM-9:00 PM • CHAPEL

MDPC YOUTH
WANTS YOU!

WE NEED VOLUNTEERS!

Just showing up and handing out donuts can make a difference.
Learn more & get involved:
YOUTH.MDPC.ORG

- MISSION TRIP CHAPERONE
- SODA BAR WELCOMER
- CONFIRMATION LEADER
- VAN DRIVER
- DONUT PICKER UPPER
- & LOTS MORE!

Questions? Contact Laura Miller: lmiller@mdpc.org

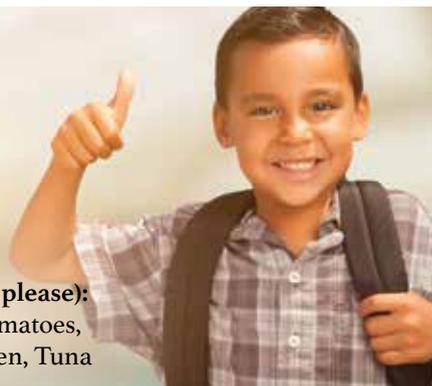
June Canned Food Drive

to benefit East Spring Branch Food Pantry

Summer donations are critical for Spring Branch students who will be without the benefit of school food programs.

Collection dates:
Sundays, June 2, 9, & 16

Items Needed (cans, please):
Soup, Fruit, Diced Tomatoes,
Tomato Sauce, Chicken, Tuna



TUESDAY



Dr. Mimi Haddad

The #MeToo Movement and the Church

Presented by Fuller Texas

Tuesday, May 7, 2019

7:00-8:30 PM • MDPC Amphitheater

Learn more* and register: metoo.mdpc.org

*Also see announcement inside this bulletin.



Temptation, Tragedy, and Triumph

C.S. Lewis' *The Screwtape Letters*

Wednesdays through May 15 | 6:30-7:30 PM | Summit Room

Lewis scholar Dr. Clay Brown unpacks this timeless classic. As a senior demon mentors a junior demon in the best ways to lead his "patient" into the clutches of Hell, our own struggles, challenges, and joys receive fresh light and wisdom. *Purchase and read the book outside of class.*

Learn more: lewis.mdpc.org

Married Life Prep

Engaged couples and those married 5 years or fewer are encouraged to come!
Sundays, July 7-28 • 10:00 AM-Noon
To register or learn more: mlp.mdpc.org
Questions? Contact:
Anna Vickers, avickers@mdpc.org

A fun, free, four-week Marriage Course



Sunday, June 2
10:45-11:10 AM
Gathering Room
membership.mdpc.org

DISCOVER MDPC



Join Pastor Alf for a casual conversation about MDPC and its ministries. No commitment required! It's an engaging opportunity to explore what it would mean to be part of our faith community.

Discover MDPC is a great first step to see if the June 7-8 **NEW MEMBER CLASS** is right for you! Details: membership.mdpc.org



Visit MDPC's Community Art Gallery

MDPC and Houston-area artists recently had the opportunity to participate in a five-day intensive workshop, held here at MDPC, led by internationally acclaimed artist Huihan Liu. May's Community Art Gallery exhibit features paintings composed and completed by the attendees.

View the exhibit between MC 122 & The Nook.

Your Legacy - Now & Then

In a recent article on generosity, I found the author's folksy recommendation amusing: "Do your giving while you're living; so you're knowing where it's going." Shari and I love the idea of being able to see the impact of a gift in our lifetime, not just after we have passed from this life to the next. It is our hope that you share that same passion and perspective.



I am always challenged by Paul's words in 2 Corinthians 8:1-7, where he challenges the affluent Corinthian Church to give more by telling them how the much poorer churches in Macedonia gave. He writes, "*We want you to know, brothers and sisters, about the grace of God that has been granted to the churches of Macedonia; for during a severe ordeal of affliction, their abundant joy and their extreme poverty have overflowed in a wealth of generosity on their part. For, as I can testify, they voluntarily gave according to their means, and even beyond their means, begging us earnestly for the privilege of sharing in this ministry to the saints. Now as you excel in everything—in faith, in speech, in knowledge, in utmost eagerness, and in our love for you—so we want you to excel also in this generous undertaking.*" Together, and with God's help, we can keep MDPC strong and growing.

Like the Churches of Macedonia, MDPC has a great history of radical generosity in the area of outreach. In order to maintain that level of generosity over our 60-plus years, we have had to develop a different method of money management. Oftentimes, we delay or forego needed building maintenance and repair in order that we may meet our outreach obligations. This has worked successfully for a number of decades, but, as our building and furnishings age, it has become more and more difficult to maintain this standard. It is for this reason that the Legacy Giving Capital Fund was established to help finance needed annual capital projects efficiently and effectively without negatively impacting our ministry objectives. On the reverse side of this page, you'll see the top six critical capital projects for 2019 to be funded through our Legacy Giving Capital Fund. The full list includes 30 projects and may be viewed at legacy.mdpc.org. The goal is to raise \$1 million to fund key deferred maintenance projects and needed improvements and upgrades.

Gifts to the Capital Fund and the other Legacy Funds are ways to establish your legacy now. But I encourage you to also think about the future and consider how a bequest to MDPC in your will can ensure MDPC's ministries remain strong and growing for generations to come. Those who came before us planted the seeds that made MDPC what it is today. Now it is our turn. What seeds will we sow to help build the future?

In Christ's Service Together,

A handwritten signature in black ink that reads "Alf Halaman". The signature is written in a cursive, flowing style.

Pastor Alf

To learn more about MDPC's Legacy Giving Program, visit legacy.mdpc.org. You also may contact David Eyre (dweyre57@gmail.com) at 281-797-6916, or Jody Harrington (jharrington@mdpc.org) at 713-953-2570.

2019 CAPITAL PROJECTS

To view the full Capital Project List, visit legacy.mdpc.org.

PARTIAL LIST

The master list of capital projects is organized by its priority designation indicated by the number in the left column. This list enables prospective donors to the Legacy Giving Capital Fund to know how their gifts will be spent. The list of projects and their priorities were established by the MDPC staff and approved by the Legacy Giving Committee and MDPC Session.

Legacy gifts to the Capital Fund will be used for these projects, and spent in the established order of priority.



PRIORITY	PROJECT DESCRIPTION	REASONING	COST
1	<ul style="list-style-type: none"> Replace millwork, flooring, and plumbing fixtures in (12) of The Little School childcare classrooms 	Classrooms are 26 years old and require frequent and costly plumbing repairs. The flooring and the millwork are shabby and dated in appearance. This is our fastest growing demographic, so improvements that continue to attract and serve this key constituency benefit both MDPC and our children.	\$146 K
2	<ul style="list-style-type: none"> Replace all three heating boilers Remove HW bypass valve Add variable frequency drive controllers to water pumps 	Boilers are 26 years old and at high risk of failure, which would mean no heat to campus. New boilers would improve operating efficiency.	\$240 K
3	<ul style="list-style-type: none"> Replace chilled water coil in air handler RTU-1 	The coil has failed prematurely and is leaking. It is more cost effective to replace the coil than the entire unit.	\$16 K
4	<ul style="list-style-type: none"> Replace obsolete fire alarm system in main building and CLC Install fire alarm system in Scout House 	Repair parts are costly and difficult to find. An up-to-date fire alarm system is essential to protect our property, as is adding a fire alarm system to the Scout House.	\$81 K
5	<ul style="list-style-type: none"> Replace obsolete control hardware for Building Automation System 	Critical parts need to be replaced to keep our buildings operating efficiently and cost effectively.	\$28 K
6	<ul style="list-style-type: none"> Modernization of Elevator #1 (by Grand Staircase) and Elevator #3 (by The Little School office) 	The elevators are 18 years old and are at risk of failure, limiting second-floor access for many of our mobility-challenged congregants.	\$88 K

THE Antidote FOR Anxiety

PSALM 23

SURROUNDED • Psalm 23:2-3

Alf Halvorson preaching

Last week we began our post-Easter sermon series with fabulous sermonettes from our high school seniors, and an introduction to Psalm 23 and the Good Shepherd. What words from the students spoke to you, whatever your age?

Our view of God will help or hinder our ability to handle stress, worry, and anxiety. If you view God as distant, impersonal, angry, demanding, or “all grace all the time,” that view has significant implications for your life. King David had plenty of worries and stress throughout his journey, but he also was closer to God than many people in human history. He experienced God as the Good Shepherd. God could and did guide him from beginning to end with love and strength. Let’s explore that idea...

1. Read Psalm 23 through from start to finish. How many times are the words “me,” “my,” and “I” used? Why is that significant? This is a very personal and intimate psalm. Is the Lord *your* Shepherd? That is how we ended last week’s sermon. Faith is a matter of personal pronouns.
2. Now focus on vss. 2-3. There are four things listed here God does as our Good Shepherd. List them. Explore times in your own life when those things appeared true or untrue.
3. I talked in my sermon about God “bringing us to a resting place” and “leading us to a watering hole” or “to a way-station” where we can be refreshed *if we choose or allow it*. The Hebrew suggests that God woos but does not force us. In other words, “You can lead a horse to water, but you can’t make it drink.” Where on your journey have you rejected the rest and water and restoration the Good Shepherd offered(s)?
4. How does greed or “wanting more and more and more” play into our driven-ness and exhaustion? How does, “The Lord is my Shepherd, I shall not want” (or, “I have everything I need”) speak to that part of the equation?
5. I then did a pretty extensive explanation of the Sabbath command from Ex. 20:8-11 and Deut. 5:12-15. It is the fourth of the Ten Commandments. According to the command, each week we are to take a day off to pray and play. Do you do that now? How does that look for you and your family/friends? If not yet, do you see the need to incorporate that discipline creatively into your life at this juncture?
6. Where can the group help you be accountable to rest and restoration? That is the second Antidote for Anxiety. How can you pray for each other? Do that to close your meeting.

