

MDPC REACH FALL 2022 Recreation Ministry

Recreational and Instructional Classes for CHILDREN, YOUTH, and ADULTS





Welcome to Fall 2022!

MDPC is delighted to present an expansive lineup of quality classes and activities for all ages—children, youth, and adults. Some are ongoing, some are repeating, and some are being offered for the first time. Pick something and jump in!

The REACH Ministry of MDPC exists as a center of activity where we express the love of Christ. This vibrant ministry offers quality recreational, educational, and sports activities that meet the needs of the congregation and reach out in Christian fellowship to the community at large.

If you have questions or suggestions for classes, contact Diane Seckinger, REACH Coordinator, at **dseckinger@mdpc.org** or 713-490-9568.

Registration and Payment Options

Register at least one week in advance of the first day of class.

- Go to **reach.mdpc.org** to pay by credit card or electronic check. A non-refundable bank service fee will be included.
- Use the form at the back of this booklet (page 16).
 Either bring the completed form to the REACH Office, located in Children's Ministries at MDPC, or mail it, along with a check payable to "MDPC," to the address at the bottom of this page, Attention: REACH Ministry.
- Contact Jan Keener or Cathy Moerer at reach@mdpc.org or 713-490-9564.

MDPC

Memorial Drive Presbyterian Church 11612 Memorial Drive | Houston, TX 77024 mdpc.org | 713-782-1710



FALL 2022 CLASSES AT-A-GLANCE

DAY	CLASS	PAGE
Monday	Basketball Skills Class Little Geniuses Chess Class Tumbling & Gymnastics Yoga	7 9 11 13
Tuesday	Abrakadoodle Art Class Ballet, Tap, & Jazz Woodworking	6 6 11
Wednesday	Art Art Studio Cook Learn Grow Piano Lessons Soccer Shots Yoga	12 12 8 9 10 13
Thursday	Ballet, Tap, and Jazz Basketball 3-on-3 League Spotlight Project Theater Woodworking	6 7 10 11
Friday	Yoga Yoga (lyengar)	13 13
Saturday, Dec 3	Gingerbread House Event	8

For more information, contact us at reach@mdpc.org or 713-490-9564.

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ABRAKADOODLE

Tuesdays, Sept 6 – Dec 6 (No class Nov 22) 2:40-3:30 PM**

 Age:
 3-5

 Location:
 Room 206

 Cost:
 261*

**Escort from The Yellow School available.

Abrakadoodle art programs are designed to build creative thinking and problem-solving skills in children. Our programs focus on the elements of art, art techniques, styles, art history, and the sequential development of skills. We provide specially trained, qualified, and pre-screened art teachers and safe non-toxic art materials that bring an engaging multi-arts experience to students. Come have fun and find your inner artist!

Contact Julieta de Cara: 832-348-9257



BALLET, TAP, AND JAZZ

Tuesdays, Sep 6 – Dec 6 Thursdays, Sep 8 – Dec 8 (No class Nov 22 and 24)

Pre-Ballet and Creative Dance (No Tap)

2:40-2:50 PM** Snack time 2:50-3:30 PM Class Age: 3-5 Cost: \$210 (one day)/\$369 (both days)* Uniform: Black leotard, pink tights, pink leather ballet shoes, any color ballet skirt

Ballet, Tap, and Jazz

3:45-4:45 PM

Age:Kindergarten-3rd GradeCost:\$231 (one day)/\$410 (both days) *Uniform: Black leotard, black jazz pants or tights with shorts,
pink leather ballet shoes, black tap shoes

Location: Rooms 171-172

**Escort from Yellow School available. Children are grouped according to age and dance experience. Recital at Christmas is no fee. May recital has a costume fee. Participation is optional but encouraged.

Students will learn dance basics, correct body posture, and the mechanics of more advanced combinations and dance styles. Beginning dance at an early age promotes self-esteem, discipline, confidence, and a stronger body.

Super Stars Dance offers a dance program that is age appropriate, wholesome, and fun. Cat Wood, teacher, trained under Margo Marshals and worked with Susan Bates for 10 years.



BASKETBALL CO-ED SKILLS CLASS: HOOPS SCHOOL

Mondays, Sep 12-Dec 5 (No class Oct. 10, Oct. 31, Nov. 21)

5:30-7:00 PM, Ages: 1st-3rd grade 7:15-8:45 PM, Ages: 4th-8th grade

Ages:6–14 (Boys and Girls)Location:GymCost:\$338*

All coaching is in a Christ-centered environment, and teaches the importance of hard work, sportsmanship, discipline, and honesty. Each level has no more than 8 kids per coach.

Heidi B. Horton, former professional women's basketball player overseas and in the WNBA, has coached children for 25 years and has two children of her own. She played for the LA Sparks, and was a first round, first pick for the Washington Mystics. Prior to that, Heidi, who speaks six languages, played six seasons in Europe. She also is a motivational speaker. The 2002 Disney movie *Double Teamed* is based on the lives of Heidi and her identical twin sister. Heidi has run Hoops School since 2001.



BASKETBALL CO-ED 3-ON-3 LEAGUE: HOOPS SCHOOL

Thursdays, Sep 15-Nov 3

6:15-7:30 PM • 3th-5th grade (co-ed teams)

7:30-8:45 PM • 6th-8th grade (co-ed teams)

Location: Gym Cost: \$226* (8-week session)

Referees, coaches, jerseys all provided by Hoops School.

This class is NOT for beginners. Players must know the essential fundamentals of basketball (running a basic offense, shooting correctly, etc), and have experience being coached professionally (e.g., Hoops School Skills Class, at least one semester) or playing 3+ years of rec or church league basketball. This is a developmental league. No coach provided per team. Kids run their own offenses; and make adjustments during the game accordingly. Referees will act as "coaches" to ensure proper technique.

Players can sign up in pre-arranged teams of up to 4 players OR as individual players. Individual players assigned to teams according to age/skill level. The first day of class is an assessment day for director and refs to properly allocate players to teams. The goal for each child is to improve in over-all court presence, offensive and defensive techniques and understanding of spacing, court-awareness, and game skills (passing, fakes, shot moves, team concepts on defense and offense).



COOK LEARN GROW

Wednesdays, Sep 14 – Nov 16

2:40–3:30 PM** Ages: 4–5 3:45-4:45 PM Grades: Kinder-5th

 Location:
 Room 206

 Cost:
 \$297 *

Notes: **Escort from The Yellow School is available

Cook Learn Grow is a mobile hands-on cooking and food literacy program. We use cooking as a platform to teach children life skills, develop self-confidence and creativity.

Contact: Tabitha at tabitha@cooklearngrow.com



GINGERBREAD HOUSE EVENT

Saturday, Dec 3

Registration will open Sept. 26 9:00 – 10:30 AM 10:30 AM – 12:00 PM

Location: Fellowship Hall Cost: \$36 *

Come and enjoy a wonderful event to start the Christmas season! Two hours of creativity and fellowship while designing a masterpiece for the holidays. There will be a snowstorm of icing and the largest candy buffet anywhere to help your family create your own special gingerbread house! This continues to be one of the most popular events for our congregation and community.

We highly recommend registering for this event early. We have a limited number of houses available that we pre-order.



LITTLE GENIUSES CHESS CLASS

Mondays, Sep 12 – Dec 12 (No class Oct 10 and Nov 21)

2:40-3:25 PM**

 Ages:
 4-6

 Location:
 Room 209

 Cost:
 \$258*

**Escort available from The Yellow School

Contact Coach Justin with questions: justin@theknightschool.com, 713-489-8830

Little Geniuses is a chess-song singing, laughing, chess-tourney, dancing, chess clock-slapping, zany chess video, puppet show introduction to chess and being the smart kid in class. The high-energy 50-minute chess practice, kids compete for beads and one of 20 brightly-colored silicone wristbands, and look forward to 22 daily activities.

Coach Justin, a Rice University Master's degree graduate and the second Houston City Coach, learned to play chess as a young child and was able to see the benefits in his own life.

Contact Coach Justin for more details: justin@theknightschool.com



PIANO LESSONS, PRIVATE – JOHN FORD

Wednesdays, Sep 7 – Dec 14 (No class Nov 23)

2:00-8:00 PM

 Ages:
 3 and up

 Location:
 Room 215

 Cost:
 \$132 (Four 30-minute lessons)

Extended times available Make-ups by appointment only Termination requires 30-day notice

Contact John with questions or to schedule lessons: czerny54321@gmail.com, 832-978-6566

John Ford has been teaching piano full-time since 1988. He is a member of the Katy Music Teachers Association and Past President of the Houston Music Teachers Association. He teaches acoustic piano, digital keyboard, duets, jazz, classical, pop, and ragtime. He combines games, theory, recitals, and guild auditions in piano lessons.



SOCCER SHOTS

Wednesdays, Sep 7 – Nov 30 (No class Nov 23) 2:40-3:30 PM**

Ages:	3-6
Location:	Gym
Cost:	\$215*

**Escort available from The Yellow School and Little School available.

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-inclass coaching, curriculum, and communication. Soccer Shots coaches are the best-trained in the business, and our expert-approved curriculum is age-appropriate and aligns with childhood education standards. In addition we provide an exceptional customer experience and ongoing communication with parents. We look forward to having you on our team!



SPOTLIGHT PROJECT THEATER

 Thursdays, Sep 15 - Dec 1 (No class Nov 24)

 2:40-3:40 PM** • 4-5 (Pre-K-K) • Intro to Musical Theater

 3:45-4:45 PM • K-1st • Musical Theater (Beginner)

 4:45-5:45 PM • 2nd-5th • Musical Theater/Improv Workshop

Location: Amphitheater (ost: \$295*

**Escort available from The Yellow School At the end of the session for every grade, students perform a Winter Showcase!

"Intro to Musical Theater" (Grades: Pre-k-Kinder)

Have fun singing, dancing, and acting out pieces from kid friendly Broadway musicals or Disney movies. Practice dance stretches, singing warm ups, and projecting your voice on stage. Strengthen creativity by playing imaginative theater-based games.

"Musical Theater (Beginner)" (Grades: Kinder-1)

Begin learning basics of vocal and acting technique in musical theater. Strengthen creativity with theater-based activities and games. Practice how to audition, learn lines, project on stage, create a character, and perform a solo. Apply these lessons by rehearsing songs and scenes from fun Broadway shows.

"Musical Theater/ Creative Workshop" (Grades: 2-5)

Have a blast delving into musical theater with a specific emphasis on collaboration as students explore and create performance pieces. Strengthen imaginations with daily improv games and creative exercises. Practice auditioning, vocal warm ups, acting techniques, performing a monologue, building a character, and performing solo and ensemble pieces.



TUMBLING AND GYMNASTICS

Mondays, Sep 12 - Dec 12 (No class Oct 10, Nov 21)

2:40-3:25 PM** Ages: 3s–Kindergarten

3:45-4:45 PMAges:3-5 yrs. and 6-8 yrs.More focus on tumbling skills. Separated by age.

Location: Gym Cost: \$234*

Classes are separated into age groups. **Escort from The Yellow School available.

Since 1976, the Tumbling Company of Houston has offered children success-oriented, positive learning experiences in a noncompetitive, Athletic setting. Class activities include age appropriate groupings and well-supervised practice of floor tumbling, vaulting, balance beam, simplified bars, obstacle courses, and movement games.

Robbie Hirst (Coach Robbie), director of the Tumbling Company, is a committed follower of Christ, devoted to his wife and five children, and holds a BS in mechanical engineering from Texas A&M. He's been coaching full time since 2001, when he transitioned from the engineering world of objects in motion to the developmental instruction world of children in motion.

Contact Coach Robbie with questions: 713-866-4822



WOODWORKING

Tuesdays, Sep 27 – Dec 6(No class Nov 22)Advanced (with instructor permission; must have taken II)2:30-3:30 or 3:40-4:40 PMAges:5-10

 Thursdays, Sep 29– Dec 8

 (No class Nov 24)

 Woodworking I

 2:30-3:30** or 3:40-4:40 PM

 Ages:
 5-7

 Cost:
 \$297*

 Location:
 Room 170

**Escort from The Yellow School available. Priority enrollment for current students. Waiting list available.

Boys and girls learn basic woodworking skills while building small projects (no kits, and all supplies included). They learn to safely use hand tools as they progress through these leveled classes.

Linda Engelland has a BS in Education from The University of Texas at Austin and is an AMS Montessori-certified teacher. She has taught woodworking for children for over 20 years.

Contact Linda with questions: woodworkingforyoungchildren@gmail.com

Contact: Emma at info@spotlightprojecttheatre.com



ART STUDIO

Wednesdays, Aug 31 - Dec 14 (No class Nov 23) 9:00 AM-12:00 PM

 Location:
 Room 170

 Cost:
 \$231*

This painting studio is for adults with intermediate to advanced level painting skills working in oils or acrylics. Students will receive input on paintings at the beginning and the end of class. The remainder of the time will be spent on individual projects working without instruction.

Bridget Wolk's love of art began in childhood and led to training in fine art, illustration, and graphic design. She has exhibited in many art shows, including a spotlight on alumni show at the Art Institute of Houston. She is an avid painter and member of the Prism Painter's Society, HAS, and HCAA.



ART

Wednesdays, Aug 31 - Dec 14 (No class Nov 23) 1:00-4:00 PM

Location: Room 170 Cost: \$384*

This class teaches oil painting for adults. Beginning students will learn the basics of color theory, composition, and shading. Intermediate students will be encouraged through class exercises and their individual projects. Instruction includes lessons, demonstration, and one-onone guidance. This is for first-time art students, as well as those who are looking for a safe, supportive place to paint.

Bridget Wolk's love of art began in childhood and led to training in fine art, illustration, and graphic design. She has exhibited in many art shows, including a spotlight on alumni show at the Art Institute of Houston. She is an avid painter and member of the Prism Painter's Society, HAS, and HCAA.



YOGA

9:15-10:15 AM

Mondays, Wednesdays, and Fridays Sep 2 - Dec 16 (No class Sep 5, Oct 10, Nov 25)

Location:	Rooms 171-172	
Cost:	\$10/class or	
	\$90/10-class card (expires after 3 months)	

Participants must bring a mat.

Instructor: Polly Patton Christie

Tone the body and tune the mind! Increased strength and stamina, improved balance, and flexibility are yours through Hatha Yoga. Feel energized, refreshed, and relaxed, all at the same time, with a 5,000-year-old tradition of physical poses and flowing sequences linking breath and movement.



YOGA (IYENGAR)

Fridays, Sep 2 - Dec 16 (No class Nov 25) 11:30 AM-12:45 PM

Location:Room 171-172Cost:\$10 per class

This class is designed for beginner and continuing adults as well as expectant mothers with healthy pregnancies. All equipment is provided but students may elect to bring their own mats.

Jimena Lieb practices and teaches lyengar yoga which emphasizes correct alignment of joints for maximum benefit and safety. In this class the use of props such as chairs, blocks, blankets, or straps may be incorporated to help students adjust or support themselves in the different postures and thereby achieve a range of motion that is effective and safe. Students will practice seated, twisting, standing, and some inverted postures to reduce stress, create strength and flexibility, and correct structural imbalances caused by poor posture, sports training, and daily activities.

Jimena has had a regular yoga practice since 2007 and has studied with professional yoga teachers that are nationally and internationally known. She is a certified Iyengar Yoga teacher and the Scheduling Director here at MDPC.

IMPORTANT INFORMATION

Contact REACH Ministry:

reach.mdpc.org

Jan Keener Registrar reach@mdpc.org 713-490-9564 Cathy Moerer Registrar reach@mdpc.org 713-490-9564 Diane Seckinger Coordinator dseckinger@mdpc.org 713-490-9568

MDPC Ministries	mdpc.org 713-782-1710
ADULT DISCIPLESHIP MINISTRIES	713-490-9561
CARING MINISTRIES PRAYER CHAIN	713-490-9541 713-953-2558
CHILDREN'S MINISTRIES THE LITTLE SCHOOL THE YELLOW SCHOOL	713-490-9261 713-490-9267 713-784-0820
FOOD SERVICE MINISTRIES	713-490-0916
MULTICULTURAL MINISTRIES	713-953-2550 x113
YOUNG ADULT MINISTRY	713-953-2550 x163
OUTREACH MINISTRIES	713-490-9551
RELATIONSHIPS MINISTRIES REACH OFFICE SPORTS OFFICE	713-490-0931 713-490-9564 713-490-9568
WORSHIP & MUSIC	713-490-0946
YOUTH MINISTRIES	713-490-9291

Sunday Services

8:30 AM, Sanctuary	Blended Worship • A mix of traditional and contemporary music
9:45 AM, Sanctuary	Contemporary Worship • Led by MDPC's praise band
11:15 AM, Sanctuary	Traditional Worship • Hymns led by a full choir
11:15 AM, Chapel	Spanish-language Worship
6:00 PM, Chapel	Portuguese-language Worship

2022 Fall Closure Schedule

MDPC's offices and campus will be closed in observance of the following holidays:

- Labor Day, Monday, September 5
- Columbus Day, Monday, October 10
- Thanksgiving Holiday, Thursday-Friday, November 24-25
- Christmas Holiday, Friday and Monday, December 23 and 26

WELCOME TO MDPC!



Thank you for exploring the many outstanding options offered by MDPC's REACH Ministry! Believing that God is involved in all aspects of our lives, our staff puts together a wonderful potpourri of ways to experience Him more fully through recreation and personal enrichment. These programs are especially designed for your and your family's enjoyment. To that end, we genuinely hope you'll always feel comfortable during your moments spent at MDPC.

We invite you to experience the many other fine opportunities

here for you and your family. Consider visiting a Sunday worship service, which offer a chance to encounter God in a way that is both authentic and intimate.

Check out mdpc.org for up-to-date information and to explore the myriad ways available to grow in God's grace through the life and programs of MDPC!

Brett Hurst, MDPC Relationships Minister



MEET MDPC'S SENIOR PASTOR

If you're looking for a church home, now is a great time to check out MDPC. With a heart for service and a gift for preaching, senior pastor Rev. Dr. Alf Halvorson is leading this church during an exciting time in our history. Our country and our church are facing changes, challenges, and opportunities, and, with strong, focused leadership, MDPC is poised to embrace a vibrant future. Come experience it with us!

MDPC REACH Class Registration

Please print. Use one form per student. Visit the REACH	office for more forms, or reach.mdpc.org to register online.
Last Name	First Name
Date of Birth	
Parents' Names (Mother/Father)	
Phone (H)	(C)
Address	
City	Zip
Email Address	
Family/Friend to be called in an emergency if parent	/guardian cannot be contacted:
Name	Phone
Please list any known allergies or medical conditions:	:
I hereby authorize the REACH instructor to release m	y child ONLY to the people listed below:
Name	Phone
Name	Phone
Class Name	Page #
AmountClass Day(s)/Time	Dates
Class Name	Page #
Amount Class Day(s)/Time	Dates
If available, do you need an Escort from The LIttle Scl	hool (formerly CDI) to class? Yes No
If available, do you need an Escort from The Yellow S	chool to class? Yes No
If yes, an Escort Form for each class must be filled ou in the The LIttle School (formerly CDI), The Yellow Scl	It and turned in to your child's school. Forms are available hool, REACH offices, and at reach.mdpc.org .
Please make checks payable to MDPC and note REAC Turn in to REACH Office, or mail to MDPC, 11612 Mer	
Check Number An	nount
	and General Release below, accept these terms and conditions
	Date
	pottom portion for your records
authorize the church representatives or instructors to secure	cal or dental attention while participating in a REACH class, I hereby e necessary medical treatment. I also acknowledge that ultimately the cost of that medical care not be reimbursed by the health
 I do hereby release, forever discharge, and agree to hold har claim of demands for personal injury, sickness or death, as w which may be incurred by the above-named person 	mless MDPC and the directors thereof from any and all liability, vell as property damage and expenses, of any nature whatsoever,
classroom by an adult when they arrive.	responsibility for a child who has not been brought into their
 I understand that the REACH Ministry program is not license I give my permission for videos or photographs taken of the 	ed by the state. student to be used on the MDPC website or any MDPC publication.

CLASS POLICIES

All children MUST be walked into their classroom by an adult.

Parents and/or caregivers MUST return to the classroom to pick up the child. Children are only released to authorized persons listed on the registration form.

Please pick up your child on time. If there is an emergency, please call the MDPC Front Office at 713-782-1710, or Diane Seckinger, REACH Coordinator, at 713-490-9568.

Registration and Payment Options

Register at least one week in advance of the first day of class in one of the following ways:

- Go to **reach.mdpc.org** to pay by credit card or electronic check. A non-refundable bank processing fee will be included.
- Use the form on the opposite page.

Either bring the completed form to the REACH Office, located in Children's Ministries at MDPC, or mail it, along with a check payable to "MDPC," to the address at the bottom of this page, Attention: REACH Ministry.

Contact Jan Keener or Cathy Moerer at reach@mdpc.org or 713-490-9564.

Class Cancellations and Refunds

If a student is unable to attend or complete a class and a refund is requested, a refund will be made only with the approval of the instructor, and include an administrative fee of \$20 retained from the fee.

If a class is cancelled due to insufficient enrollment, the student will be notified, and a full refund for tuition will be processed within 30 days.

In the event of an unplanned church closing, classes that are cancelled may or may not be rescheduled or refunded, per the instructor's discretion.

In case of inclement weather, MDPC's REACH Ministry follows the school closing of Spring Branch Independent School District. If they are closed, we are closed.

Injury

Every effort is made to insure the safety of all children participating in REACH classes. In the unlikely event that an injury occurs, appropriate first-aid medical attention will be provided and an accident report will be completed.

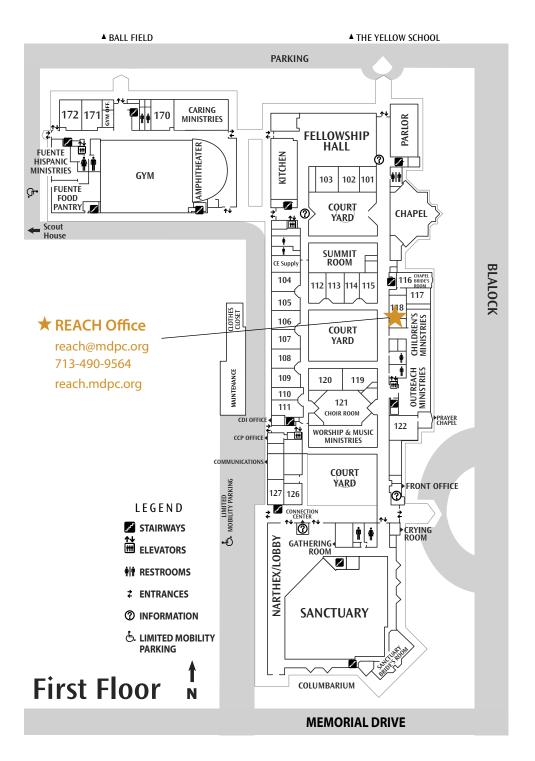
If the injury is minor and your child returns to full participation in activities, you will not be notified until you return to pick up your child.

If the injury requires emergency treatment, we will provide and/or obtain such treatment and notify you as soon as possible.

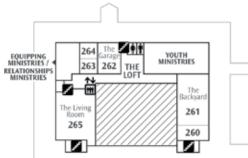
Memorial Drive Presbyterian Church

11612 Memorial Drive | Houston, Texas | 77024 mdpc.org | 713-782-1710

Class Name_____ Class Day(s)/Time_____ Dates_____ Dates______ Dates_____ Dates_____ Dates______ Dates_____ Dat



MDPC SECOND FLOOR





MAP TO MDPC

