



WORD AND WORSHIP

2019-2020

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## **Psalm 116**

**Return to your rest, my soul,  
for the Lord has been good to you.**

**For you, Lord, have delivered me from death,  
my eyes from tears,  
my feet from stumbling,  
that I may walk before the Lord  
in the land of the living.**

**What shall I return to the Lord  
for all his goodness to me?**



## **Colossians 1:13-14**

**For he has rescued us  
from the dominion of darkness  
and brought us into the kingdom  
of the Son he loves,  
in whom we have redemption,  
the forgiveness of sins.**



## Romans 6:1-5 | The Message

**So what do we do?**

**Keep on sinning so God can keep on forgiving?**

**I should hope not! If we've left the country where sin is sovereign, how can we still live in our old house there?**

**Or didn't you realize we packed up and left for good?**

**That is what happened in baptism. When we went under the water, we left the old country of sin behind; when we came up out of the water, we entered into the new country of grace—a new life in a new land!**



**That's what baptism into the life of Jesus means. When we are lowered into the water, it is like the burial of Jesus; when we are raised up out of the water, it is like the resurrection of Jesus.**

**Each of us is raised into a light-filled world by our Father so that we can see where we're going in our new grace-sovereign country.**



**Who can save a child from a burning house without taking the risk of being hurt by the flames?  
Who can listen to a story of loneliness and despair without taking the risk of experiencing similar pains in his own heart and even losing his precious peace of mind?  
In short: “Who can take away suffering without entering it?”**

**— Henri J.M. Nouwen, *The Wounded Healer: Ministry in Contemporary Society***

